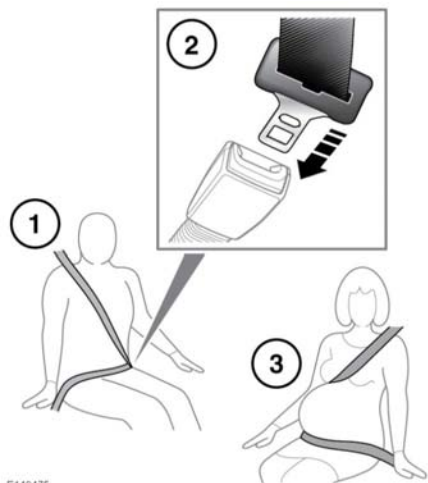


# Seat belts

## USING THE SEAT BELTS



E149475

1. Putting on a seat belt: Draw the belt out smoothly, make sure that the seat and your position on the seat, are correct. When correctly positioned, the seat belt should cross the collar bone at the mid-point between the neck and the end of your shoulder.

### **⚠ WARNING**

Seat belts (or suitable child restraints) should be worn by all vehicle occupants, for every trip, no matter how short. Failure to do so will greatly increase the risk of serious injury or death in the event of an accident.

### **⚠ WARNING**

Seat belts are designed to bear upon the bony structure of the body, and should be worn low across the front of the pelvis, chest and shoulders, as applicable; wearing the lap section of the belt across the abdominal area must be avoided. Never wear the seat belt as just a lap belt.

### **⚠ WARNING**

Seat belts should be adjusted as firmly as possible, consistent with comfort, to provide the protection for which they have been designed. A slack belt will greatly reduce the protection afforded to the wearer.

### **⚠ WARNING**

Belts should not be worn with straps twisted.

### **⚠ WARNING**

Each belt assembly must only be used by one occupant. It is dangerous to put a belt around a child being carried on the occupant's lap.

### **⚠ WARNING**

Riding with a reclined seatback increases your chance of serious or fatal injuries in the event of a collision or sudden stop. The protection of your restraint system (seat belts and air bags) is greatly reduced by reclining your seat. Seat belts must be snug against your hips and chest to work properly. The more the seatback is reclined, the greater the chance that an occupant's neck will strike the shoulder belt. Drivers and passengers should always sit well back in their seats, properly belted, and with the seatbacks upright.

### **⚠ WARNING**

Never place anything between you and the seat belt in an attempt to cushion the impact in the event of an accident. It can be dangerous and reduce the effectiveness of the seat belt in preventing injury.