USING THE SEAT BELTS



- 1. Draw the belt out smoothly, make sure that the belt height, the seat, and your position on the seat are correct.
- WARNING: Seatbelts are designed to A bear upon the bony structure of the body, and should be worn low across the front of the pelvis or the pelvis, chest and shoulders, as applicable; wearing the lap section of the belt across the abdominal area must be avoided.
- Seatbelts should be adjusted as firmly A as possible, consistent with comfort, to provide the protection for which they have been designed. A slack belt will greatly reduce the protection afforded to the wearer.
- /!\

Belts should not be worn with straps twisted.

Each belt assembly must only be used \mathbb{A} by one occupant; it is dangerous to put a belt around a child being carried on the occupant's lap.

- The occupants of the front seats should \wedge not travel with the seatback at more than 30 degrees from upright. Doing so will reduce the protection afforded by the seat belt.
- ∕!∖

Never place anything between you and the seat belt. It can be dangerous and reduce the effectiveness of the seat belt in preventing injury.

2. With the seat belt correctly positioned, place the metal tongue into the buckle nearest to you. Press it in until a click is heard. Make sure that all slack has been taken up by the retractor and the belt fits tightly across the hips.

Note: When releasing the seat belt it is advisable to hold the belt before pressing the release button. This will prevent the belt from retracting too quickly. To release the seat belt, press the red button.

- 3. Use of seat belts during pregnancy:
- WARNING Position the seat belt correctly for the safety of the mother and unborn child. Never wear just the lap strap, and never sit on the lap strap whilst using just the shoulder strap. Both of these actions are extremely dangerous and increase your risk of serious injury in the event of an accident or during emergency braking.



Never place anything between you and the seat belt in an attempt to cushion the impact in the event of an accident. It can be dangerous and reduce the effectiveness of the seat belt in preventing injury.

- Position the lap strap comfortably across the hips beneath the abdomen. Place the diagonal part of the seat belt between the breasts and to the side of the abdomen. Ensure that the seat belt is not slack or twisted.
- 4. To adjust the seat belt height:
 - Press to release the catch.
 - With the catch depressed, slide the mechanism up or down to the required height. Release the catch and make sure the locking mechanism has engaged.



The use of comfort clips or devices that would create slack in the seat belt system, is not advised.



SEAT BELT SAFETY

Care should be taken to avoid contamination of the webbing with polishes, oils and chemicals, and particularly battery acid. Cleaning may safely be carried out using mild soap and water. See 163, SEAT BELTS.



A

The belt should be replaced if webbing becomes frayed, contaminated or damaged.

It is essential to replace the entire assembly after it has been worn in a severe impact, even if damage to the assembly is not obvious.



⚠

A

Do not carry hard, fragile or sharp items between your person and the seat belt.

Seat belts should be worn by all vehicle occupants, for every journey, no matter how short. Failure to wear a seat belt significantly increases the chance of serious injury or death in the event of a crash.



Never wear just the lap belt or just the shoulder belt of a lap/shoulder diagonal seat belt. Both of these actions are extremely dangerous and may increase your risk of injury.



When using seat belts to restrain items other than occupants, take care to ensure that the belts are not damaged, or exposed to sharp edges.

SEAT BELT CHECKS

Note: If the vehicle is parked on an incline, the seat belt mechanism may lock. This is a safety feature and the belt should be gently eased out from the upper anchorage.

The seat belts should be inspected regularly to check for fraying, cuts or wear to the webbing, and the condition and security of the mechanism, buckles, adjusters, and mounting points.

- With the seat belt fastened, give the webbing near the buckle a quick upward pull. The buckle must remain securely locked.
- With the seat belt unfastened, unreel the seat belt to the limit of its travel. Check that it unreels smoothly with no snatches or snags. Allow the belt to fully retract, again checking for smooth operation.
- Partially unreel the seat belt, then hold the tongue plate and give a quick forward pull. The mechanism must lock and prevent any further unreeling.

If any of the seat belts fail to meet those criteria, immediately contact your Dealer/Authorised Repairer.

SEAT BELT PRE-TENSIONERS

The seat belt pre-tensioners activate in conjunction with the Supplementary Restraint System (SRS) to provide additional protection in the event of a severe frontal impact. They automatically reduce any slack in a seatbelt to reduce forward movement of a front seat occupant.



The seat belt pre-tensioners will activate only once and then must be replaced. Failure to replace them will reduce the effectiveness of the SRS in reducing the risk of serious injury or death in the event of an accident. After any impact, have the seat belts and pre-tensioners checked and, if necessary, replaced by a Dealer/Authorised Repairer.

SEAT BELT REMINDER

Belt reminder commences when the vehicle is in motion and the driver's belt is unbuckled. Dependent upon the market, the warning indicator in the Instrument pack illuminates (see **39, SEAT BELT (RED)**), and an audible chime sounds. The visual and audible warnings applicable to the Belt reminder feature are market dependent to meet individual market requirements. The warning signals given may also change depending on whether the vehicle is stationary or when the vehicle's speed exceeds a predetermined threshold. In certain markets, the Belt reminder feature also applies to the front passenger seat.



E132396

A graphic in the Message centre indicates which seat belts are fastened at the start of a journey and also when a seat belt is fastened or unfastened during a journey.

Each seating position is represented by a passenger icon, the colour of which indicates the seat belt status:

- No colour seat belt not fastened.
- Green seat belt fastened.
- Red driver's or occupied front seat passenger's seat belt is not fastened or is unfastened during a journey.

In addition, an audible warning will sound under the following conditions:

- The driver's or occupied front seat passenger's seat belt is not fastened or is unfastened during a journey.
- A rear seat belt is unfastened.

Note: If a heavy object is placed on the front passenger seat, it may activate the seat belt reminder warning chime and indicator. It is recommended that any objects placed on the front passenger seat are secured using the seat belt.